

Fire Fells 50 Firemen on East Side

Story on Page 4

WEATHER

Cloudy
and
Cooler

Wednesday

NEW YORK

August 11, 1926

EVENING GRAPHIC

Nothing
but the
Truth

INTO EACH LIFE SOME RAIN MUST FALL—By Kessler



The Hit Bird Flutters!

SENATOR SIMPSON, who is going to "blow up the Hall-Mills mystery," is beginning to give some indication that the criticism of his method of doing business is getting under his skin.

"They have had four years to solve the murders," he says. "Surely we should be allowed a couple of weeks without criticism in advance of knowledge of our evidence and our intentions."

Nobody doubts his intentions, but his technique, during the past two weeks, might be described as somewhat cock-eyed. It is becoming perfectly apparent that a desperate effort is being made to build up a case around the Widow Hall after her arrest, which charges her with murder.

In other words, she was thrown into jail at midnight because a newspaper thought she did it. If the evidence against her was so strong that she had to be pulled out of bed, after four years during which this case lay dormant, why does Mr. Simpson have to rely, after she is accused, on the testimony and the memory of people who can hardly remember what happened in 1922? Why weren't these people questioned before she was arrested?

This investigation is an insult to the public intelligence, because any testimony taken after her arrest is naturally influenced by the charge already preferred against her. The Widow Hall is accused of murder and every witness knows that his testimony will have a bearing on the future action taken against Mrs. Hall.

No grand jury of sound mind will ever indict a woman on such a piece of intimidation as this. What is Jersey justice? Arrest them first and prove them guilty afterwards?

No wonder Mr. Simpson looks worried!

The Tiger's Growl

TIGER CLEMENCEAU of France has just growled very fiercely and showed his aged claws to the United States.

He accuses us of being bold, cold money-grabbers.

He insinuates that we have designs on France. Such accusations are false.

America would be only too pleased to cancel the debt to France, if, in turn that would secure the peace of the world.

America and France ARE FIRM FRIENDS. Men who try to make them enemies should be squelched.

The best that can be said of his outburst is that the once potent Tiger is now an old man. Being old, he must have his little growl.

He is of the passing generation that growled and growled and GROWLED. The result was war, with all its heartbreaks, its deaths, and all its over-burdening expenditures that are not yet paid.

The real hope of the world is the new type of statesmen that, instead of growling like tigers, talks together sensibly like civilized men.

They are the men who will bring peace and prosperity and freedom from anxiety. More power to them!

When they are in control the DEBT WILL BE WIPED OUT.

Our Heroes in Blue

HEROISM IS PART of the daily diet of the New York policeman.

He takes his life with him every day, ready to offer it in the protection of the public.

He never knows from what corner instant peril is coming to demand of him decisive action.

Like Oscar Oehlerking, who was the victim of gunmen, he sacrifices himself without question. The tribute of praise he receives from the police commissioner and other high officials is a touching one that does not, however, put a virile man back into the home where women and children remain to weep.

Our police are our heroes of peace time. The public owes them the same honor that is paid to heroes of war time.

Great Thoughts of Great Men

There never was in the world two opinions alike, no more than two hairs or two grains.—Montaigne.

When pain grows sharp and sickness rages, The greatest love of life appears.—Mrs. Thrale.

Fasting for Longer Life

JUDICIOUS FASTING will prolong life. This is a positive fact.

A few years ago Prof. Huxley of England performed some interesting experiments.

He took a family of young earth worms for this work.

One of these he isolated.

The remainder he permitted to eat their ordinary food in the regular way.

The isolated one ate his ordinary food but was forced to undergo periodic short fasts.

He was still alive after nineteen generations of his brothers had been born, lived their usual life cycle, and died.

Prof. Huxley explained that eating was largely a matter of habit.

Eating habits acquired in youth, when more food is needed, stay with us after maturity, when so much food is not needed.

Excess eating clogs the channels of life and results in death. Overeating killed them as it does man.

Farmers find that period on the pasture away from "heavy" foods renews their horses.

Since these experiments were made, Prof. C. M. Child of Chicago University performed some similar ones.

He found that if worms are fed they grow old, lazy and infirm. We know this to be true of farm horses.

He then starved them for a time.

They grew smaller and smaller.

After they had attained a minimum size he fed them again.

They began to grow and were as young as ever. Fasting had renewed their youth.

These experiments recall the life of Luigi Coranaro, the Venetian nobleman.

At forty he was a physical wreck.

A life of indulgence had ruined his body.

Gluttony, wine, women and late hours had sapped his life and impaired his organism.

His physicians told him he had but a few months to live.

He reformed his mode of living.

From a life of indulgence he turned to a life of abstemiousness.

Each year he took a fast.

Daily he consumed but twelve ounces of food.

The result was, he outlived his doctors.

He died at the age of a hundred years.

Well did Sylvester Graham often say: "A drunkard may reach old age, but a glutton never."

Fat men do not grow old.

All old people are thin.

Gluttons kill themselves.

Abstemious living and an occasional fast will prolong life.

The Christian Apostles used to fast frequently.

Luke, the physician, fasted weekly.

And every one of these men attained to great ages.

They were vigorously active to the last, as well.

Fasting was frequent among the ancient Jews.

So were long-lived men and women, as the Scriptures show.

Bernard Macfadden

WHAT HAVE YOU TO SAY?

All letters to the Editor must bear names and addresses or will not be published.

A PHYSICIAN ON SPANKING

To the Editor of The GRAPHIC:—

I have a flapper daughter of 16 and I find that spanking her with a hair brush is the way to deal with her. My younger daughter, 10 years old, gets whipped so that she stands up to half her meals.

DR. WILLIAM IVES JACKSON.
230 Summit Ave., Pelham Manor.

WHIPPING BEST TREATMENT

To the Editor of The GRAPHIC:—

For disobedience, my mother applied the "cat" vigorously. Several such leatherings have made spanking rarely necessary, but I feel better inside after a good sound strapping, and believe it the best treatment for unruly flappers.

M. M.

74 Rawlings St.

(Other letters on page 19)